



# THE EVOLUTION OF PROTECTION

Mastercard®, together with Dr Indira Arumugam, an Anthropologist from the National University of Singapore, looked through history to identify the evolution of how people have always protected themselves.



## Sarimanok



### UNKNOWN

The Sarimanok is a legendary bird hailing from Mindanao island with many origin accounts. It is a symbol of love, courage, freedom and fortune. Sarimanoks are displayed in houses or workplaces to bring in good fortune and dispel negative energies.



## Eating Pancit



### 16<sup>TH</sup> CENTURY CE

Pancit is one of the most popular good luck dishes in the Philippines. It is eaten at auspicious events and is believed to bring good luck, health and wealth. This tradition is said to have been brought in by Chinese traders during the Spanish colonial era. Pancit helps protect against bad luck and inauspiciousness.



## Sprinkling Salt, Sugar and Rice



### 20<sup>TH</sup> CENTURY CE

Before moving into a new home, salt, sugar and rice is sprinkled on all doorways and windowsills to protect the home from misfortunes that may befall the home dwellers.

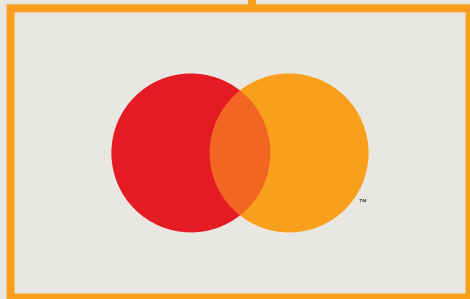


## Wearing Polka Dots



### 21<sup>ST</sup> CENTURY CE

Believed to have Chinese influences, the polka dot, which shares the same shape as a coin, became a sign of good fortune. The repetitive circle pattern was then commonly worn on the New Year as a symbol of good fortune and to drive away bad luck. It is not a common belief but wearing polka dot on the new year has sneaked its way into 'Start the year fresh' fashion.



### TODAY

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